

**Bleep Free F1 Teaching Programme
August – July
Sample Programme**

Day & Time	Topic	Speaker
August		
Tuesday 09.00 – 13.00	Guidance to the F1 Year	Jane Evans & FTP Team
Tuesday 13.00 -14.00	Time Management, Decision Making & Continuity of Care	Catherine Bryant
Thursday 13.00 -14.00	Time Management, Decision Making & Continuity of Care	Catherine Bryant
Tuesday 13.00 -14.00	Basic Fluid Regimes	Iain MacDougall
Thursday 13.00 -14.00	Basic Fluid Regimes	Iain MacDougall
Tuesday 12.30 – 17.00	Pharmacy Workshop	Gillian Cavell
Thursday 12.30 – 17.00	Pharmacy Workshop	Gillian Cavell
Tuesday 13.00 -14.00	Safe use of blood products	Megan Lowe/Patsy Morris
Thursday 13.00 -14.00	Safe use of blood products	Megan Lowe/Patsy Morris
September		
Tuesday 13.00 -14.00	Pharmacy Test	Gillian Cavell
Thursday 13.00 -14.00	Pharmacy Test	Gillian Cavell
Tuesday 13.00 -14.00	Good Record Keeping ,Confidentiality & Coding	William Bernal
Thursday 13.00 -14.00	Good Record Keeping ,Confidentiality & Coding	William Bernal
Tuesday 13.00 -14.00	Chest Pain	Jonathan Byrne
Thursday 13.00 -14.00	Chest Pain	Jonathan Byrne
Tuesday 13.00 -14.00	ECG	Nick Gall
Thursday 13.00 -14.00	ECG	Nick Gall

8.30 - 17.30	Mandatory Simulation Training	Simulation Faculty
October		
Tuesday 13.00 -14.00	Mini Series - (1) The effect of renal disease and its treatment on the management of acute illnesses	Satish Jayawardene
Thursday 13.00 -14.00	Mini Series - (1) The effect of renal disease and its treatment on the management of acute illnesses	Satish Jayawardene
Tuesday 13.00 -14.00	Pharmacy	Pharmacy Team
Thursday 13.00 -14.00	Pharmacy	Pharmacy Team
Tuesday 13.00 -14.00	Hypotension/ Shock	Charlotte Anderson
Thursday 13.00 -14.00	Hypotension/ Shock	Charlotte Anderson
Tuesday 13.00 -14.00	Thromboprophylaxis/Anticoagulation/VTE	Raj Patel
Thursday 13.00 -14.00	Thromboprophylaxis/Anticoagulation/VTE	Raj Patel
08.30 - 17.30	Mandatory Simulation Training	Simulation Faculty
November		
Tuesday 13.00 -14.00	Mini Series - (2) The effect of Liver disease and its treatment on the management of acute illnesses	John Devlin
Thursday 13.00 -14.00	Mini Series - (2) The effect of Liver disease and its treatment on the management of acute illnesses	John Devlin
Tuesday 13.00 -14.00	How to manage the fitting patient	Lina Nashef
Thursday 13.00 -14.00	How to manage the fitting patient	Lina Nashef
Tuesday 13.00 -14.00	Blood Gases & Oxygen Therapy	Rebecca Lyall
Thursday 13.00 -14.00	Blood Gases & Oxygen Therapy	Rebecca Lyall
Tuesday 13.00 -14.00	Breathlessness	Jack Barker
Thursday 13.00 -14.00	Breathlessness	Jack Barker
8.30 - 17.30	Mandatory Simulation Training	Simulation Faculty
December		
Tuesday 13.00 -14.00	Pain Management in Acute Emergencies	Sue Peat
Thursday 13.00 -14.00	Pain Management in Acute Emergencies	Sue Peat

Tuesday 13.00 -14.00	Diabetic Emergencies	Carol Gayle
Thursday 13.00 -14.00	Diabetic Emergencies	Carol Gayle
Tuesday 13.00 -14.00	Stroke	Dulka Manawadu
Thursday 13.00 -14.00	Stroke	Dulka Manawadu
8.30 - 17.30	Mandatory Simulation Training	Simulation Faculty
January		
Tuesday 13.00 -14.00	Delirium	Dan Wilson
Thursday 13.00 -14.00	Delirium	Dan Wilson
Tuesday 13.00 -14.00	Headaches	Dulka Manawadu
Thursday 13.00 -14.00	Headaches	Dulka Manawadu
Tuesday 13.00 -14.00	Abdominal Pain	Avril Chang
Wednesday 12.30 – 17.00	Clinical Governance & Audit Workshop	Various Speakers
Thursday 13.00 -14.00	Abdominal Pain	Avril Chang
Tuesday 13.00 -14.00	Mini Series - (2) The effect of Liver disease and its treatment on the management of acute illnesses	Deepak Joshi
Thursday 13.00 -14.00	Mini Series - (2) The effect of Liver disease and its treatment on the management of acute illnesses	Deepak Joshi
08.30 - 17.30	Mandatory Simulation Training	Simulation Faculty
February		
Tuesday 13.00 -14.00	Mini Series (3) Respiratory Failure- Motor neuron diseases	Rebecca Lyall
Thursday 13.00 -14.00	Mini Series (3) Respiratory Failure- Motor neuron diseases	Rebecca Lyall
Tuesday 13.00 -14.00	How to manage the fitting patient	Lina Nashef
Thursday 13.00 -14.00	How to manage the fitting patient	Lina Nashef
Tuesday 13.00 -14.00	Bleeding from the GI Tract	Suzanne Donnelly
Thursday 13.00 -14.00	Bleeding from the GI Tract	Suzanne Donnelly
Tuesday 13.00 -14.00	End of Life Care	Polly Edmonds

Wednesday 12.30 – 5.00	Clinical Governance & Audit Workshop	Various Speaker
Thursday 13.00 -14.00	End of Life Care	Polly Edmonds
8.30 - 17.30	Mandatory Simulation Training	Simulation Faculty
March		
Tuesday 13.00 -14.00	Mini Series - (4) Cardiac Disease in the Elderly	Rohan Pathansali
Thursday 13.00 -14.00	Mini Series - (4) Cardiac Disease in the Elderly	Rohan Pathansali
Tuesday 13.00 -14.00	Mini Series - (5) The effect of Chronic Diabetic Disease and its treatment on the management of acute illnesses	Mike Edmonds
Thursday 13.00 -14.00	Mini Series - (5) The effect of Chronic Diabetic Disease and its treatment on the management of acute illnesses	Mike Edmonds
Tuesday 13.00 -14.00	Self-Harm – Management of the Acute Psychological or Behavioural Problems	Sean Cross
Thursday 13.00 -14.00	Self-Harm – Management of the Acute Psychological or Behavioural Problems	Sean Cross
Tuesday 13.00 -14.00	Coma/ Impaired Consciousness	Yasmin Kapadia
Wednesday 12.30 - 17.00	Professional Practice Workshop	Various speakers
Thursday 13.00 -14.00	Coma/ Impaired Consciousness	Cyril Noel
Tuesday 13.00 -14.00	Pyrexia – Managing the patient with fever	Ian Eltringham
Thursday 13.00 -14.00	Pyrexia – Managing the patient with fever	Ian Eltringham
08.30 - 17.30	Mandatory Simulation Training	Simulation Faculty
April		
Tuesday 13.00 -14.00	Mini Series - (6) The effect of Chronic Musculo-Skeletal Disease and its treatment on the management of acute illnesses	Patrick Gordon
Thursday 13.00 -14.00	Mini Series - (6) The effect of Chronic Musculo-Skeletal Disease and its treatment on the management of acute illnesses	Patrick Gordon
Tuesday 13.00 -14.00	Metabolic Emergencies	Caje Moniz
Thursday 13.00 -14.00	Metabolic Emergencies	Caje Moniz
Tuesday 13.00 -14.00	Endocrine Emergencies	Carole Gayle
Wednesday	Professional Practice Workshop	Various Speakers

12.30 – 17.00		
Thursday 13.00 -14.00	Endocrine Emergencies	Carole Gayle
Tuesday 13.00 -14.00	Chest X-Ray, Abdominal X-Ray & Scans	Pamela Allen
Thursday 13.00 -14.00	Chest X-Ray, Abdominal X-Ray & Scans	Pamela Allen
May		
Tuesday 13.00 -14.00	Mini Series - (7) The effect of Chronic Neurological Disease and its treatment on the management of acute illnesses	Gerry Saldanha
Thursday 13.00 -14.00	Mini Series - (7) The effect of Chronic Neurological Disease and its treatment on the management of acute illnesses	Gerry Saldhana
Tuesday 13.00 -14.00	Evidence Based Medicine	Debbie Shawcross
Thursday 13.00 -14.00	Evidence Based Medicine	Debbie Shawcross
Tuesday 13.00 -14.00	Common fracture management and Orthopaedic Emergencies	Venu Kavatharpu
Thursday 13.00 -14.00	Common fracture management and Orthopaedic Emergencies	Venu Kavatharpu
Tuesday 13.00 -14.00	Airway Emergencies – Simulated Session	TJ Lasoye
Thursday 13.00 -14.00	Airway Emergencies – Simulated Session	TJ Lasoye
Tuesday 13.00 -14.00	Mini Series - (8) The effect of Malignancy and its treatment on the management of acute illnesses	Polly Edmonds
Thursday 13.00 -14.00	Mini Series - (8) The effect of Malignancy and its treatment on the management of acute illnesses	Polly Edmonds
June		
Tuesday 13.00 -14.00	Management of Acute renal failure	Shah Sapna
Thursday 13.00 -14.00	Management of Acute renal failure	Shah Sapna
Wednesday 10.30 – 16.30	Careers Workshop	London Deanery
Tuesday 13.00 -14.00	Health Promotion & Public Health	Gillian Holdsworth
Thursday 13.00 -14.00	Health Promotion & Public Health	Gillian Holdsworth
Tuesday 13.00 -14.00	Preparing for the F2 Year	F2 trainees
Thursday 13.00 -14.00	Preparing for the F2 Year	F2 trainees
Tuesday 13.00 -14.00	Protecting Vulnerable Adults (Safeguarding Adults)	Lindsay Batty-Smith

Thursday 13.00 -14.00	Protecting Vulnerable Adults (Safeguarding Adults)	Lindsay Batty-Smith
July		
Tuesday 13.00 -14.00	Safeguarding Children & Procedure	Martha Ford-Adams
Thursday 13.00 -14.00	Safeguarding Children & Procedure	Martha Ford-Adams
Tuesday 13.00 -14.00	BMA &Completion of End of Year Evaluations	Dr Jane Evans & Shasha Bochwei
Thursday 13.00 -14.00	BMA &Completion of End of Year Evaluations	Dr Jane Evans & Shasha Bochwei
17.00 – 19.00	Award Ceremony – All F1s	PGMDE Team, Tim Smart, Angela Huxham & Jan Welch

Key

Session	Colour Key
Simulation session	
½ Day workshops	
Mini Series Teaching	
Awards Ceremony	